



Belleville Branch Pool Schedule Effective Sept 11 - June 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	7:30-8:30am Open Lengths	7:30-10:00 am Open lengths
8:00-8:45am Aqua Fit	8:00-8:45am Aqua Fit	8:00-8:45am Aqua Fit	8:00-8:45am Aqua Fit	8:00-8:45am Aqua Fit	8:30-11:45am Y Lessons	10:00-11:45am Y lessons
8:45-9:30am AquaFit	8:45-9:30am AquaFit	8:45-9:30am AquaFit	8:45-9:30am AquaFit	8:45-9:30am AquaFit	12:00-1:00pm Open Lengths	12:00 – 1:00pm Open lengths
9:30 - 10:00am Aqua Yoga	9:30 - 10:15am Aqua Yoga	9:30 - 10:00am Aqua Yoga	9:30 - 10:00am Aqua Yoga	9:30 - 10:00am Aqua Yoga		1:00-1:30pm Y Tri
10:00-10:30am Preschool Lessons	10:15-10:45am Preschool Lessons	10:00-10:45am Masters 55+	10:00-11:30am Family Swim	10:00 -10:45am Family/Youth Swim	1:00 - 2:00 Sensory Swim	2:00 - 3:00 Birthday Parties
10:45-11:30am Aqua Fit	10:45-11:15am Aqua Parent & Tot 10:45-11:30am Family /Youth Swim	10:45-11:30am Aqua Fit		10:45-11:30am Aqua Fit	2:00 - 3:00 Birthday Parties	3:00 - 5:00 Family/Youth Swim
11:30-1:00pm Open Lengths	11:30-1:00pm Open Lengths	11:30-1:00pm Open Lengths	11:30pm-1:00pm Open Lengths	11:30-1:00pm Open Lengths	3:00-5:00 Family/Youth Swim	
1:15-2:30pm Moira High School	1:00-1:45pm Aqua Fit	1:00-1:45pm Aqua Jog	1:00-1:45pm Aqua Fit	1:15-2:30pm Moira High School	Holiday Hours Adult Lengths 9:00-11:30am Family/Youth Swim 11:30-1:30pm	
2:30-3:15pm Masters 55+	1:45-2:30pm Moira High School 2:30-3:15pm Ladies Syncro/Adult Lessons	1:45- 2:30pm Aqua Yoga 2:30-3:15pm School Rental	1:45- 2:30pm Aqua Yoga 2:30-3:15pm Adult lessons	2:30-3:15pm School Rental		
3:15 - 4:00pm Open lengths	3:15-4:00pm Open Lengths	3:15-4:00pm Open lengths	3:15-4:00pm Open lengths	3:15-4:00pm Open Lengths	*Requires Registration* **Pool Reserved**	
4:00-7:00pm Y Lessons	4:00-7:00pm Y Lessons	4:00-7:00pm Y Lessons	4:00-7:00pm Y Lessons	4:00-7:00pm Y Lessons		
7:00-8:00pm Family/Youth Swim	7:00-8:00pm Family/Youth Swim	7:00-8:00pm Family/Youth Swim	7:00-8:00pm Family/Youth Swim	7:00-9:30pm Family/Youth Swim		
8:00-8:45pm Adult Lessons	8:00-8:45pm Aqua Jog	8:00-9:30pm Bronze	8:00-8:45pm AquaFit			
8:45-9:30pm Open Lengths	8:45:30pm Open lengths		8:45-9:30pm Open lengths			

Pool Admission and Wrist Band Policies



YMCA Facility Swim Test

To successfully pass the swim test individuals must demonstrate comfort in the water and be able to jump into deep water, surface support for 1 minute, swim 1 length of the pool using a supportive stroke in a horizontal body position. Only those who successfully pass the swim test and get a green wristband will be permitted into the deep end of the lap pool.

What to Wear

Children who are not toilet trained must wear a swim diapers or clothing with snug elastic legs. No disposable diapers are permitted.

Others must wear clean attire used only for swimming.

Serious Medical Conditions

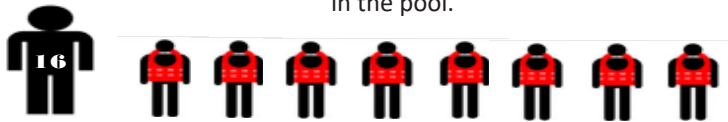
We ask that those with serious medical conditions should ensure that aquatic staff are aware of the condition. Your medical doctor should be consulted before swimming.

To ensure that children have a safe and enjoyable swimming experience, the YMCA of CEO has implemented a wristband procedure. This system allows staff to identify children at greater risk of accidents and ensure adequate supervision when in the pool area. All children 15 years and under will be given an identifying wristband by facility staff. Only those who successfully pass the swim test and obtain a green wristband will be permitted into the deep end of the lap pool.

0-5 years



Children under 6 are always accompanied—adult and child(ren) get a red band. Adult in arms reach at all times. Both adult and child must remain in the shallow end of the lap pool or in the therapeutic pool. Children under 6 years who can complete the swim test get a green band and parent remains in the pool.



6-9 years



Children 6-9 years who do not pass—adult and child get a red band. Adult in arms reach at all times. Both adult and child must remain in the shallow end of the lap pool or in the therapeutic pool.



6-9 years

All children who pass the swim test get a green band. Children 6-9 who can pass the swim test get a green band and can swim alone in either pool. Parent must remain on the pool deck.



10+ years

10+ Cannot Pass Swim Test—Can Swim Alone Must remain in the therapeutic pool or the shallow end of the lap pool.

